



virtual Fall Conference

TUESDAY, OCTOBER 26, 2021

6:45pm doors open; 7:00-9:30pm 3 sessions of workshops

[Click here for REGISTRATION FORM](#)

Dear PTA Presidents, Leaders, & Members:

On behalf of Nassau Region PTA, it is my pleasure to invite you and the members of your PTA to Nassau Region's 114th conference, to be held virtually, on Tuesday October 26, 2021.

Please share this information with your membership. There is a workshop of interest for everyone. Training is an essential element to running a PTA. It is the responsibility of all officers (Bylaws Article VIII, Section 6); to attend local, regional and/or state training workshops throughout the year.

We have put together an evening of important and informative workshops that will allow your members the opportunity to attend three workshop sessions. All workshops are intended to enhance your PTA expertise and strengthen your leadership skills. Fall Conference also offers you and your members the opportunity to meet Nassau Region Board members and to hear questions from other members of PTA units and councils throughout Nassau County.

Conference virtual doors open at 6:45PM. The Conference begins at 7:00pm. The first session will run until 7:50PM. The second session of workshops will run from 7:55PM to 8:40PM. The third session will run from 8:45PM-9:30PM

ALL ATTENDEES MUST BE PRE-REGISTERED. The registration deadline is
October 24th at 8:00PM

Please join us on October 26th!

Sarah Henris

Nassau Region Director



SESSION 1 7:05- 7:50PM

1. SELF CARE FOR PTA LEADERS - FILL UP YOUR CUP

This interactive workshop on Self-Care will guide PTA Leaders in finding and recognizing ways to balance the day by filling up their cups. Participants will spend time in Reflection on what Self Care is, its application, its placement in their lives and finally work on a plan to put it in Practice. Participants will come away with small steps to establish self-care routines which are essential to the busy life of volunteers such as PTA Leaders.

Presenter: Marie Saint Vil, Associate Director

2. REFLECTIONS, LET'S REFLECT

Getting ready to kick off your Reflections Program, LET'S REFLECT! This workshop will teach you what you need to know to run a successful program from beginning to end. Get to know the program better, get acquainted with the rules to support your students, get familiar with the processes to move your projects forward and finally connect with your Nassau Region peers who come full of best/worst practice advice to share. You will feel empowered and ready to go!

Presenters: Sheree Lindsay, Reflections Coordinator; Marian Wawryk, Reflections Manager; Shari Beck Special Assignee

3. NATIONAL PTA GRANTS & PROGRAMS

Join us for an overview of the programs and grants available to all PTA units through National PTA. We will review the grant application process and requirements. Missed the grants? Take a look at what programs you can plan and host, free of charge, to increase family engagement at your unit.

Presenters: Susan Fisher, Associate Director; Ivy Reilly, Grants Chair; Sangeeta Pandit, Family Engagement Chair

SESSION 3 8:45- 9:30PM

8. COUNCIL PRESIDENT'S ROUNDTABLE

We invite current PTA Council Presidents to join us in an interactive workshop on making the most out of council. We will share ideas and brainstorm together on ways to support your local PTAs and entire community.

Presenter: Kate Kelly, Treasurer; Sarah Henris, Region Director

9. SCHOOL OF EXCELLENCE WALK-THROUGH

Every year, PTA units work to achieve the designation of National PTA School of Excellence. You can become a School of Excellence too! Let us help you break down the process.

Presenters: Nassau Region PTA Team AD, Assistant Directors and Outreach Chair

10. BYLAWS

Bylaws are the rules that every unit needs to follow. They need to be updated at least every three years to be a unit in good standing. If you do not remember when they were last updated it is probably time. Join us as we explain the process for updating them using the online system. Bring any questions. This is an extremely important workshop that shouldn't be missed.

Presenter: Pat Lambert -Watkins, Bylaws Chair

11. YOU'RE IN CHARGE/ Pre-K- 3rd Grade

You're in Charge enforces child safety by teaching empowerment and body-autonomy through an explanation of boundaries, good touches and bad touches, our 10 Rules for Safety, The Touching Rule, importance of not keeping secrets, and the importance of saying "no" and telling a trusted adult.

Presenter: Vincenza Bartolillo, Nassau County Prevention Education Coordinator for Parents for Megan's Law

SESSION 2 7:55- 8:40PM

4. HOW TO RUN A SUCCESSFUL PARP PROGRAM

Calling all PARP Chairs and Committee Members! In this session, we will discuss the nuts and bolts of putting a PARP program together. This is perfect for those people who are new to PARP and for returning Chairs who are interested in hearing new ideas. If you don't run a PARP program at your school, join us to find out what it's all about! This is an interactive workshop, so please bring your questions.

Presenter: Stephanie Avidon, Literacy Chair

5. MEMBERHUB

There is always more to learn. This workshop is open to all unit leaders who have questions about memberhub.

Presenter: Shiju Abraham, Memberhub Chair

6. YES COMMUNITY COUNSELING CENTER presents Healthy Communication + Healthy Choices = Healthy Families

This Session will provide parents with effective ways to communicate with their children by first identifying communication blocks that halt communication and then provide education on how to be active listeners to our children. By being active listeners we are helping our children develop their emotional intelligence. Healthy Communication in the family system promotes healthy choices and overall healthy family functioning.

Presenter: Kathleen Coletta, YES Community Counseling Center Clinical Social Worker

7. NY's 529 ARE YOU PLANNING FOR COLLEGE?

NY State's 529 college savings program Direct plan : This presentation will help you understand the details of 529 plans specifically New York State's.

Presenter: Gina Pinos, Senior Institutional Relationship Manager, New York's 529 College Savings Program Direct Plan